

Cakes and Muffins - Fruit Cakes

Recipe No: R220 - R220e

DARK RICH FRUIT OR CHRISTMAS CAKE

USING P3

	Total Weight	8.235
	Cherries	0.600
	Lemon Peel	0.400
	Raisins	0.500
	Sultanas	3.500
	Nutmeg	0.005
	Cinnamon	0.010
	Mixed Spice	0.040
3	HERCULES BAKING POWDER	0.010
	APITO FRUIT CAKE PASTE	0.015
	Water	0.300
2	Eggs	0.900
	APITO CARAMEL COLOUR (as desired)	0.000
	Salt	0.010
	APITO RUM ESSENCE	0.010
	GLYCERINE	0.035
	P3	0.100
	MORAH CAKE MEDIUM	0.650
	Flour	0.200
1	Sugar	0.950
Group	Ingredient	KG

Method: 1. Cream Group 1 using beater

2. Scrape down. Add Group 2 gradually whilst mixing on slow speed. Finally add Group 3 and mix on slow speed until fruit is thoroughly distributed. Oven temperature 165-170°C.

Notes: Recipe percentages are on total batter / mix weight (100%)

Yield: One deep sided baking tray