



Cakes and Muffins - Muffins

Recipe No:
R719 - R719I

CINNAMON APPLE MUFFINS

USING FINO AMERICAN MUFFIN MIX

<u>Group</u>	<u>Ingredient</u>	<u>KG</u>
	FINO AMERICAN MUFFIN MIX	1.000
	Water	0.675
	Sugar	0.125
	Cinnamon	0.025
	Apples (solid pack/chopped)	0.200
Total Weight		2.025

- Method:**
1. Blend together dry ingredients.
 2. Add to water in mixing bowl and mix through.
 3. Do not over mix.
 4. Deposit into muffin tins.
 5. Bake at 220°C (430°F) for approximately 12 minutes.

Notes: The metric recipe is of similar size to the avoirdupois recipe but is not an exact conversion.