

Meringues & Marshmallows - Pavlova

Recipe No: R400 - R400p

PAVLOVA CAKE - Alternative Recipe

USING <u>ACTIWHITE</u>

3	Cornflour	0.050	3%
2	Sugar APITO VANILLA ESSENCE 101 (as desired)	0.550 0.000	33.9%
	Water	0.900	55.4%
1	ACTIWHITE	0.125	7.7%
<u>Group</u>	Ingredient	<u>KG</u>	

Total Weight 1.625

Method: 1. Soak Group 1 for 10 minutes and place into a 20L bowl.

2. Whisk Group 1 to full volume for 8 minutes.

3. Add Group 2 and whisk for a further 5 minutes.

4. Gently fold in Group 3.

5. Preheat oven at 120°C and retain this heat setting.

6. Bake time approximately 35 minutes.

7. Switch off oven.

8. Leave in oven with door ajar for a further 25 minutes.

Notes: Recipe percentages are on total batter / mix weight (100%)