

## Bread & Rolls - Specialty - Sourdough

Recipe No: R111 - R111e

## **VINE FRUIT & ROSEMARY SOUR DOUGH**

## USING BAKELS HENRYS SOURDOUGH

Group	Ingredient	<u>KG</u>	
1	FINO GRAIN BASE	0.500	25%
	Water	0.500	25%
2	Flour	2.000	100%
	BAKELS HENRYS SOURDOUGH NATURAL	1.800	90%
	BAKELS INSTANT ACTIVE YEAST	0.080	4%
	Rye Flour	0.300	15%
	Rosemary	0.004	0.2%
	Water (variable)	2.200	110%
3	Sultanas	1.000	50%

Total Weight 8.384

Method:

- 1. No time dough.
- 2. Place Group 1 in a bowl and soak for a minimum of 10 minutes.
- 3. Add Group 2 and mix dough until cleared.
- 4. Add Group 3 and mix on slow speed until fruit is combined.
- 5. Allow a bench time of 5-10 minutes.
- 6. Scale and mould as desired.
- 7. Prove and bake at 220°C for approximately 20-25 minutes.

**Notes:** If using compressed yeast, use 250g in above recipe.

Using bakers percentages - Percentages on white flour weight

Yield: 16.5 Loaves, Cobbs or Viennas scaled at 500 g.