

Gluten Free - Bread & Buns

Recipe No: R773 - R773h

GLUTEN FREE TOMATO & OLIVE BREAD

USING BAKELS GLUTEN FREE BREAD MIX

<u>Group</u> 1	Ingredient BAKELS INSTANT ACTIVE YEAST	<u>KG</u> 0.006
2	Water	0.075
3	BAKELS GLUTEN FREE HEALTH BREAD MIX	0.390
4	Chopped sundried tomatos Chopped green olives	0.060
	Total Weight	0.591

Method: 1. Dissolve Group 1 with Group 2.

- 2. Add Group 3 and mix together for 3 minutes on top speed.
- 3. Let stand (ferment) in mixing bowl covered or placed in prover at 20°C for 30 minutes.
- 4. Mix for a further 2 $\frac{1}{2}$ minutes on second speed.
- 5. Final prove at 40°C for 25 minutes.
- 6. Deposit dough into a greased loaf tin, fill tin 2/3 full.
- 7. Bake at 220°C for approximately 20-25 minutes.
- **Notes:** Recipe percentages are on total batter / mix weight (100%)