



Cakes and Muffins - Muffins

Recipe No:
R716 - R716a

MULTI FIBRE APPLE MUFFINS

USING [BAKELS MULTI FIBRE MUFFIN MIX](#)

<u>Group</u>	<u>Ingredient</u>	<u>KG</u>
1	Eggs 6	0.600
	SOYABEAN OIL	0.600
	Water	0.800
	BAKELS MULTI FIBRE MUFFIN MIX	2.000
2	Apple (diced)	0.600
Total Weight		4.600

Method:

1. Place Group 1 in machine bowl and mix on slow speed for 1 minute. Scrape down.
2. Mix for a further 6 minutes on second speed.
3. Add Group 2 on slow speed dispersing evenly.
4. Fill greased patty tins 2/3 full.
5. Bake for 12 minutes at 205°C (401°F).

Notes: The metric recipe is of similar size to the avoirdupois recipe but is not an exact conversion.
For different varieties add 15% dried fruit or chopped apricots may be added.